

Midwife Care Program:

Welcome to the *Midwife Care Program* at Yackandandah Health Medical Centre.

The Midwife Care Program welcomes all women and families with their pregnancies to provide individualised care, education and support for pregnancy, birth and parenting.

Our Midwife, Louise Thornton, and our GP Obstetrician, Dr. Tess Goodwin, strive to contribute positively to your experience.

We offer:

- A warm and friendly, woman-centred, and family inclusive approach
- Comprehensive antenatal checks with time to discuss needs/concerns
- Screening tests where applicable
- Provision of referrals as required
- Pregnancy and birth information and education throughout
- Birth planning and preparation
- Access to external services and ongoing community support
- Domiciliary visit (postnatal care in the home)
- Breastfeeding support
- Postnatal follow-up appointments



You will receive a Pregnancy Health Record which is your booklet of care. Once you have your record, please bring this with you to every appointment. Every visit is with our Midwife, Louise. At our clinic, Tess and Louise work collaboratively to care for you.

Outreach Domiciliary Midwife:

Our relationship with local birth hospitals allows Louise to attend women after their baby is born and be attend the first visit once they arrive home. This visit enhances continuity of care by a familiar Midwife.

To book an appointment:

Please call the Medical Centre on (02) 6028 0130. Our Midwife Care Program is *every* Thursday.

**Yackandandah Health Medical Centre provides comprehensive, quality medical services
in an efficient and caring environment.**